

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

December 2025



Honoring our **Veterans!**



John singing along with Patriotic music!



Move, mingle, and feel marvelous with **Adrian's** fitness classes! Join us for Memory Enhancement and Assisted Living exercise classes.



Paul receiving his flag and pin for being a **Veteran**.

THE GARLANDS®
Inspira
FEEL Better. AGE Better. LIVE Better.



December Special Events



Winter Wonderland! Featuring Todd Donnelly Caribbean Christmas! *Sunday, December 7 at 3:00pm*

Trade the frost for the tropics as Todd Donnelly and his sons return for a Caribbean Christmas! Let the warm, vibrant sounds of his steel drums transport you to a sun-drenched holiday celebration.



Dave Rice Piano Man *Tuesday, December 2 at 3:00pm*

Dave is a high energy musician playing music from the 40's to present. Heavily influenced by the blues, Dave performed with artists such as Buddy Guy and Otis Rush. Dave's 10-year tour with Otis Rush took him all over the world. Dave plays all sort of music including Jerry Lee Lewis, Frank Sinatra, Elvis, Marvin Gaye, Frankie Valli, Michael Bublé to name a few, Rock, Motown, Country, Oldies, Big Band, Jazz, Blues and more.



Kristin Ashley Artists Inspired by Winter *Wednesday, December 10 at 2:00pm*

Experience the beauty of winter through the eyes of great artists. Kristin explores snowy landscapes and celestial angels from the Renaissance to Modern eras, featuring works by Caspar David Friedrich, Claude Monet, Georgia O'Keeffe, and Japanese woodblock master Katsushika Hokusai.



Larry Ortega Rockin' Rhythm Percussion Party *Monday, December 15 at 3:00pm*

This program is great for movement, memory, socialization and most of all FUN! Larry makes it easy for anyone to play along as he teaches them easy rhythms to play Disco, New Orleans Zydeco, Cajun, Motown, Rock, Latin, Swing as well as familiar dance rhythms such as Cha Cha, Samba, Waltz and more!

Wildbird Shack Presents: Across the Atlantic, A Tale of Two Birdscapes *Tuesday, December 16 at 2:00pm*

An enlightening exploration of avian diversity as we compare the birds of the United States and the United Kingdom. Both regions boast a rich array of species shaped by their distinct climates, habitats and cultural influences.



Courtney & Chris Presents Holiday Cheer *Wednesday, December 23 at 3:00pm*

The wait is over, Prairieview! Get ready to deck the halls and feel the cheer, because the dynamic duo, Courtney and Chris, are back! They're hitting the stage with all your favorite holiday hits, ready to spin classic carols and festive tunes into pure, joyful magic. So, turn up the holiday spirit they've brought their legendary energy just for you, and this party is about to begin.



Frank Rossi Presents *Saturday, December 27 at 3:00pm*

Get ready for the one and only Frank Rossi a musical legend who's been rocking the Chicagoland scene for decades! With his incredible skills on the accordion and keys, Frank and his band mates bring the high-energy party to bring us all together.

December Special Events



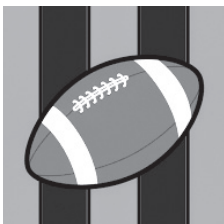
Jim Kendros
Music Appreciation
Holiday Music for Everyone!
Tuesday, December 30
at 2:00pm

The Holidays are here! And for whichever holiday you celebrate, Jim Kendros offers you the perfect musical accompaniment. Be enchanted by selections from Tchaikovsky's magical Nutcracker Suite and awed by Bach's timelessly colorful Magnificat. Explore the rhythmic passions of Vivaldi's Gloria and discover youthful chamber music that Mozart had to complete by the holidays, delayed by the joys of a December romance. And finally, celebrate the timeless beauty of Pachelbel's immortal Canon in D. All this and more awaits you as Jim offers a festive Holiday musical celebration for everyone!



Randy McCallister:
Praireview Rocking
New Years Eve!
Wednesday, December 31
at 2:00pm

Start your New Year's countdown early! At 2:00 PM, the party ignites with the phenomenal Randy! For 10 years, this Chicagoland favorite has been dazzling crowds, and he's bringing a firework-worthy setlist of Otis Redding, Wilson Pickett, Sinatra, Elvis, and all your Motown favorites. Get ready to dance, sing, and celebrate—this is one party kickoff you won't want to miss!



Game of the Month
Chicago Bears vs
Cleveland Browns
Sunday, December 14
at 12:00pm in the Skybox

Let's have lunch and watch the Chicago Bears face off against the Cleveland Browns. We'll have Grilled Chicken Sandwiches and Bratwurst available with fries. Come and enjoy each other's company!

Fitness with Adrian



Chair Exercise
Memory Enhancement:
Monday, Wednesday,
Friday at 10:00am and
Saturday at 2:30pm

Assisted Living:
Monday, Wednesday,
Friday at 11:30am and
Saturday at 2:00pm

Bus Outings*

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

Shopping Trips

Walmart: *Friday, December 5 at 9:45am*

Target: *Friday, December 19 at 9:45am*

Holiday Lights Tour

Assisted Living:

Wednesday, December 17 at 7:00pm

Memory Enhancement:

Thursday, December 18 at 7:00pm

**Please call the concierge at *37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus. Be aware that there are two wheelchair spots available.*

We need three or more members to be able to go on all outings.

Bulletin Board

Pet Therapy: Every Friday

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.

Will's Corner

The holiday season is a beautiful time to reflect on the joy and memories of the past year, and to cherish the gift of each other's company right here in our community. As we gather, let's savor the warm conversations, the shared laughter, and the simple comfort of being surrounded by friends. This is a moment to celebrate our resilience and the love that surrounds us every day. Let's proudly say goodbye to 2025, thankful for all it taught us, and then turn our faces with hope and excitement toward 2026. Together, we can welcome the new year with a bang—filled with fresh possibilities, new stories to share, and the promise of happy moments yet to come.

Art Class with Megan from Kaleidoscope!

Assisted Living: *Monday, December 1 and 15 at 1:45pm in the Art Studio*

Memory Enhancement: *Monday, December 10 and 22 at 1:45pm in the Art Studio*

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Resident Council

Assisted Living Resident Council:

Thursday, December 11, 2:00pm, 2L

Skilled Nursing Resident Council:

Wednesday, December 10, 10:00am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

The Daily Chronicle: Read Aloud & Discuss

This is a relaxed, welcoming space where we bring the Daily Chronicle to life together. Every day, we'll read aloud from the popular Daily Chronicle. No prep needed just grab a seat, listen in, and chime in if you'd like. Drop by anytime we'd love to have you!

Movies at Prairieview on Sunday!

Skybox Lounge at 2:00pm

December 20

White Christmas

December 21

Miracle on 34th Street

December 24

It's a Wonderful Life

December 28

The Bishop Wife

Bulletin Board

Family Night at Prairieview

Assisted Living: Friday, December 12 at 7:00pm
in the Skybox Lounge

Memory Enhancement: Friday, December 12 at
7:00pm in Memory Enhancement Dining Room

Get ready for a blast at our monthly Family Night, where members and families can connect, laugh, and make awesome memories together! Each month, we'll host a special evening packed with fun activities, games, and good vibes. Mark, your calendars, you won't want to miss it!

Room Reservations

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable.

Email William at wvangiesen@thegarlands.com.

Discovery Series on Saturday

Skybox Lounge at 2:00pm

December 6
December 13
December 15

London Zoo at Christmas
The Merchants of Joy
Game 7: Cubs vs. Indians
2016

December 22
December 29

Down To Earth
The Mafia's Greatest Hits:
Donny Brasco

Independent Pinochle Club

Tuesdays at 2:00pm in the Argyle Living Room

Calling all trick-taking enthusiasts! Our Independent Pinochle Club is a lively gathering for players of all levels—from seasoned pros to curious beginners. Whether you're here to sharpen your strategy, enjoy friendly competition, or just socialize over a classic card game, every hand promises excitement, and laughs.



Honoring our Veterans!

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



Happy Birthday
to everyone born in
DECEMBER!

Joan K.	12/4
Robert T.	12/6
Martha I.	12/11
Gary C.	12/16
Nancy W.	12/18
Carol M.	12/22
Kathryn A.	12/25

Spiritual Expressions

Catholic Communion Service:

Tuesdays: 10:00am in the 3rd Floor Lounge; 10:30am SN

Tune in: EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

Morning Devotion: Thursdays at 10:30am

Sundays:

9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30 am, **Joel Osteen** Lakewood Church Service on Lifetime - Channel 29

11:00 am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service, St. Matthew

www.stmatthewbarrington.org

Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue
Collared Shirts



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